



22th SWISS CUP 2010

Synchronized Skating



ANNOUNCEMENT

The Eislaufverein Mittelrheintal Widnau invite your teams to participate at the Swiss Cup 2010, synchronized skating competition, all categories, with the agreement of Swiss Ice Skating.

The competition will be conducted in accordance with the rules of the ISU and is opened to all eligible Team Skaters according to ISU Rule 102.

Organizer: Eislaufverein Mittelrheintal (EVM)
Birkenstrasse 73, CH-9443 Widnau, Switzerland
Tel./Fax ++41-71 722 57 10
E-Mail: paul.egli.@bluewin.ch / Homepage: www.skating.ch/evm-widnau

Place: Ice Rink Widnau, (covered, not heated, 30m x 60m),

Date: March 6th – 7th, 2010

Invited ISU Member Federations:

Österreichischer Eiskunstlauf Verband	AUT	Fédération Royale Belge de Patinage Artistique	BEL
Skate Canada	CAN	Croatian Skating Federation	CRO
Czech Figure Skating Association	CZE	Dansk Skøjte Union	DEN
The Estonian Skating Union	EST	Suomen Taitoluisteliitto	FIN
Fédération Française des Sports de Glace	FRA	Deutsche Eislauf - Union	GER
National Ice Skating Association of UK Limited	GBR	Hungarian National Skating Federation	HUN
Iceland Skating Association	ISL	Federazione Italiana Sport del Ghiaccio	ITA
Lithuanian Skating Federation	LTU	Union Luxembourgeoise de Patinage a.s.b.l.	LUX
Koninklijke Nederlandsche Schaatsenrijders Bond	NED	Norges Skoyteforbund	NOR
Association of Skating Sports of Serbia	SER	Slovak Figura Skating Association	SVK
Slovene Skating Union	SLO	Svenska Konstakningsförbundet	SWE
Schweizer Eislauf - Verband	SUI	Ukrainan Figura Skating Federation	UKR
The United States Figure Skating Association	USA		

Categories:

ISU Categories

- Juniors: short and free program
- Seniors: short and free program

Non – ISU Categories

- Juvenile: free program
- Novice: free program
- Juniors: free program
- Seniors: free program
- Adults: free program

Technical regulations and conditions:

The Swiss Cup 2010 will be held according to the ISU General Regulations 2008, the Special Regulations SYS 2008 as well as the valid Technical Rules and Conditions SYS 2009 of the Swiss Skating Union (SEV)

Important: The organizer advises the teams of the Non-ISU categories to refer to the special and adjusted Technical Conditions SYS (see Attachment p. 4 – 7).

Teams, which have participated in the ongoing season in an ISU competition or an ISU category, are not allowed to take part in a Non-ISU category at the Swiss Cup, but they must register in the respective ISU category.

Judging system:

It will be judged with the ISU system.

Official Practice:

The official practice begins on Saturday, March 6th, 2010. Each team has 10 minutes official practice on ice for the short program and 12 minutes for the free program.

The official practice is compulsory for all teams

Panel:

The technical Panel / Panel of Judges is composed for each category of:

1 Referee	1 Assistant Referee Ice	5 Judges minimum
1 Technical Controller	1 Technical Specialist	1 Assistant Technical Specialist

Judges:

Judges with the qualification "National SYS Judge" or judges, who are on the official list of ISU for international competitions, can be announced to the organiser.

Entries should be received with the official entry form V *not later than January 16th 2010*.

The organiser will pay for meals and accommodation from Friday evening, 5th to Sunday evening, 7th of March. All other expenses shall be the responsibility of each official or the entering association or club.

Judges Meeting: The judges meeting will be held on Saturday March 6th 2010 at around 2.15 p.m. on the 1st floor of the sports centre.

The "Round table discussion" will be held on Sunday, March 7th 2010, on the 1st floor of the sports centre. Time in arrangement with the referee.

Doping:

Doping tests are possible

Music:

CD or cassettes

Entry:

The entries of the teams and skaters must be forwarded in 2 phases:

a) form I: entry of the teams name

b) form II: definite entry of the names of the team members

The entry forms I and II have to be sent to:

Mr. Paul Egli, Birkenstrasse 73, CH-9443 Widnau
E-Mail: paul.egli@bluewin.ch

Deadline:

a) entry form I for the team: December 31st, 2009

The number of the participating teams is restricted. The organizer has the right to restrict the teams in the order of the enrolment.

b) entry form II for the team members: January 31st 2010

At the time of registration all members of the team must show a copy of the passport or ID card

Entrance-fee:

CHF 290.- per team all categories.

Entry fee must be transferred electronically until the **January 31st 2010** to the following account: Raiffeisenbank Mittelrheintal, CH 9443 Widnau,

Post-office (Giro) account number of the bank: 90-3031-2

Bank clearing no. 81319 / account no. 73846.70, EVM with remark "Swiss Cup 2010"

IBAN: CH38 8131 9000 0073 8467 0, Swift Code No. RAIFCH22

Liability:

The Swiss Skating Union and the Eislaufverein Mittelrheintal accept no liability for any injury or damage sustained by officials, referees, judges, competitors and companions.

Draw:

Drawings take place on 1st floor. 2 members per team.

Accommodation: It is possible to spend the night in a hotel or in a group accommodation. In a group accommodation the overnight stay (including breakfast) costs CHF 25.- up to 40.- per person. The expenses for travel, accommodation and meals have to be provided by the competitors or their club.

General addresses for hotel-reservations:

Hotel Forum, CH-9443 Widnau

Tel. ++41 (0)71 722 88 66, Fax ++41 (0)71 722 88 67

E-Mail: info@forum-hotel.ch

Homepage: www.forum-hotel.ch

Hotel Metropol, CH-9443 Widnau

Tel. ++41 (0) 71 726 30 30, Fax ++41 (0) 71 726 30 00

E-Mail: hotel@metropol-widnau.ch

Homepage: www.metropol-widnau.ch

For group accommodation and meals please contact:

Mr. Paul Egli, Birkenstrasse 73, CH-9443 Widnau

Tel./ Fax ++41 (0) 71 722 57 10 / E-Mail: paul.egli@bluewin.ch

Provisional Schedule:

Saturday March 6th

08.30	Techn. Panel meeting	(provisional)		
09.00 – 14.00	official Practice	Non – ISU	Free program	* Juvenile, Novice, Adults,
11.00	Draw : categories	Non – ISU	Free program	Juvenile, Novice, Adults
13.00	Draw: categories	ISU	Short program	Juniors, Seniors
14.15	Judges Meeting	at the Sportzentrum 1 st floor		
14.15 – 14.45	official Practice	ISU	Short program	Juniors, Seniors
15.15 – 18.45	Competition	Non – ISU	Free program	Juvenile, Novice, Adults
19.00 – 19.30	Competition	ISU	Short program	Juniors, Seniors
19.45	Award ceremony	Categories Non – ISU	Juvenile, Novice, Adults on the ice	
after Short pr.	Draw categories	ISU	Free program	Juniors, Seniors

* Due to reasons of organization the Starting Order for the practice sessions of the category Non - ISU Juvenile, Novice and Adults will be scheduled by the organizing committee.

Sunday March 7th

08.00 – 13.30	official Practice	Non – ISU	Free program	** Juniors, Seniors
		ISU	Free program	Juniors, Seniors
11.00	Draw: categories	Non – ISU	Free program	Juniors, Seniors
14.00 – 17.30	Competition	Non – ISU	Free program	Juniors, Seniors
17.30 – 18.00	Competition	ISU	Free program	Juniors, Seniors
18.15	Award ceremony for all teams on the ice			
open	Round Table Discussion			

** Due to reasons of organization the Starting Order for the practice sessions of the category Non - ISU Juniors and Seniors will be scheduled by the organizing committee.

The exact and reliable schedule will be sent to the Federations and teams after receipt of the entries.

Correspondence/Information/Entries:

Eislaufverein Mittelrheintal

Paul Egli, Birkenstrasse 73, CH-9443 Widnau

Phone: ++41 -71 722 57 10, Telefax: ++41 -71 722 57 10

E-mail: paul.egli@bluewin.ch / Homepage: www.skating.ch/evm-widnau

Ersigen and Widnau im September 2009

Schweizer Eislauf-Verband
Chief Synchronized Skating

Rita Tognali

Eislaufverein Mittelrheintal
Chief OC

Paul Egli

Attachment

Technical regulations SYS Swiss Ice Skating Federation 2009 / 2010

ISU - Categories

Senior ISU					
Age	14 - X (General Regulations Rule 108, 3.a)				
Competitors	16 + 4 alternates				
Short Program	Duration	Max. 2,50 min.	Free Skating	Duration	4,30 min. +/- 10sec.
	Factor	1.0		Factor	1.0
	General Component Factor	0.8		General Component Factor	1.6
	Elements (7) Rule 905, Group B	1 Block 2 diff. Wheels 2 diff. Inters. 1 MF 1 NHB		Elements (10)	1 Block 1 Circle 2 diff. Intersections 1 Line 1 MI 1 MF 1 Wheel 1 NHB 1 Spin, MI or Pair Element
	Handholds	3		Handholds	4
	Falls	1.0		Falls	1.0

Junior ISU					
Age	12 - 18 (General Regulations Rule 108, 3.b)				
Competitors	16 + 4 alternates				
Short Program	Duration	Max. 2,50 min.	Free Skating	Duration	4,00 min. +/- 10sec.
	Factor	1.0		Factor	1.0
	General Component Factor	0.8		General Component Factor	1.6
	Elements (7)	1 Block 1 Circle 2 diff. Inters. 2 diff. Wheels 1 NHB		Elements (9)	1 Block 1 Circle 2 diff. Intersections 1 Line 1 MI 1 Wheel 1 NHB 1 Spin or MF
	Handholds	3		Handholds	3
	Falls	1.0		Falls	1.0

Non - ISU (Recreational Categories/Breitensport-Kategorien)

(General Regulations 2008 Rule 108, 3.a + 3.b and ISU Communication No. 1528 for Novice and Special Rules for Competitions in Switzerland)

Category	Senior	Junior	Novice	Juvenile	Adult
Age	14 - X	10 - 18	X - 14	X - 12	21 - X *
Competitors **	12 - 16	12 - 16	12 - 16	12 - 16	12 - 16
Duration Free Skating	4,30 min.	4,00 min.	3,30 min.	3,30 min.	3,30 min.
Factor	1	1	1	1	1
General Component Factor	1.6	1.6	1.6	1.6	1.6
Elements	1 Block 1 Circle 2 diff. Inters. 1 Line 1 MI 1 Wheel 1 NHB 1 Spin, MI or Pair Element	1 Block 1 Circle 2 diff. Inters. 1 Line 1 MI 1 Wheel 1 NHB 1 Spin or MF	1 Block 1 Circle 1 Intersection 1 Line 1 Wheel 1 MI	1 Block 1 Circle 1 Intersection 1 Line 1 Wheel 1 MI	1 Block 1 Circle 1 Intersection 1 Line 1 Wheel 1 MI
Handholds	4	3	3	3	3
Falls	1.0	1.0	0.5	0.5	0.5

X = No age limitation

* = 75% of the team must have reached the age of 25 as of July 1st 2009.

** = Alternates: 4 in all Teams

Commission Figure
Responsible for Synchronized Skating
Rita Tognali
Burgdorfstr. 59
CH 3423 Ersigen

30.6.2009

Technical requirements for SYS popular sport competitions with the ISU Judging System / Season 2009/2010

Category non - ISU Seniors

Duration: 4 minutes 30 seconds +/- 10 seconds = **9 elements** according to the ISU rules, but **without Moves in the Field (MF)**. The MF may be executed, but will be counted as a transition.

Element	Element Group	Features
1 Block	max. Group 4	Step Sequence = max. Group 1
1 Circle	max. Group 4	Step Sequence = max. Group 1
2 Intersections	max. Group 4	Point of Intersection = max. Group 1
1 Line	max. Group 4	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) (see difficulty Groups)
1 No Hold Block	max. Group 3	Step Sequence = max. Group 1
1 Wheel	max. Group 4	None
1 Pair Element	max. Group 3	Pair element (see difficulty Groups)
or		
1 Spin	max. Group 3	None
or		
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) (see difficulty Groups)

Category non - ISU Juniors

Duration: 4 minutes +/- 10 seconds = **9 elements** according to the ISU rules

Element	Element Group	Features
1 Block	max. Group 4	Step Sequence = max. Group 1
1 Circle	max. Group 4	Step Sequence = max. Group 1
2 Intersections	max. Group 4	Point of Intersection = max. Group 1
1 Line	max. Group 4	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) or free skating moves (fm) (see difficulty Groups)
1 No Hold Block	max. Group 3	Step Sequence = max. Group 1
1 Wheel	max. Group 4	None
1 Moves in the Field	max. Group 4	Three (3) different free skating moves, one must be a spiral (see difficulty Groups)
or		
1 Spin	max. Group 3	None

* Explanation for MI on the following page!

Category Adults

Duration: 3 minutes 30 seconds +/- 10 seconds = **6 elements**

Element	Element Group	Features
1 Block	max. Group 2	Step Sequence = max. Group 1
1 Circle	max. Group 2	Step Sequence = max. Group 1
1 Intersections	max. Group 2	Point of Intersection = max. Group 1
1 Line	max. Group 2	None
1 Wheel	max. Group 2	None
1 Movement in Isolation *	max. Group 3	Free skating elements (fe) or free skating moves (fm)

Category Juvenile

Duration: 3 minutes 30 seconds +/- 10 seconds = **6 elements**

Element	Element Group	Features
1 Block	Group 1	Step Sequence = max. Group 1
1 Circle	Group 1	Step Sequence = max. Group 1
1 Intersections	Group 1	Point of Intersection = max. Group 1
1 Line	Group 1	None
1 Wheel	Group 1	None
1 Movement in Isolation *	max. Group 3	Free skating elements (fe) or free skating moves (fm)

* The Movement in Isolation (MI) is the only element which will be counted according to the ISU rules (Levels / Groups) if it is executed properly. Therefore, the Levels / Groups can be freely chosen.

ATTENTION:

If a Team has less than 16 skaters, it is not possible to skate the highest MI Group (there must be 8 skaters or 4 pairs which execute the MI, and this is not possible with less than 16 skaters because it has to be maximum half of the Team which is involved).

For all other elements it is also allowed to aim and execute a higher Level / Group, but the Technical Panel will only call the groups listed above if they are executed properly.