

French Synchro Choreographic Challenge 2021

Operation

- Each month, sending video of a determined duration.
- Each month, a new Challenge since a new theme.
- The skaters are organized in groups of 6 to 10 max, in order to respect the measures anti-covid barriers.
- Teams can therefore present several videos depending on the number of participants per video.
- The groups of skaters can change / evolve according to the different Challenges.
- For each Challenge and therefore each video sent, it would be nice if the groups of skaters could determine a “surname”; which can also change / evolve according to the different Challenges.

Shipments

- The videos must bear the surname that the group has chosen as well as the name of the choreography
ex: The Musketeers_ ChorégraphieParapluie
- The videos should be sent by email to the address: csnpas@ffsg.org
End of April, end of May, end of June, end of July.

The Judgment

- Depending on the different criteria / themes imposed, we may have several titled videos.
- The recurring criteria for judging the different videos submitted are:
Musicality # Choreographic ensemble
- The various specific criteria of each theme will be added.
- For each Challenge, there can be as many "Winners" as there are criteria (recurring PLUS specific)
- The videos will be judged by a panel of refereeing officials.

The Results

- Results will be posted on the CSNPAS website as well as the CSNPAS Facebook and Instagram page.

Under no circumstances should the creativity of our athletes take precedence over health safety and anti-covid barrier gestures.

APRIL

« Avril ne te découvre pas d'un fil... » = Chorégraphie « Parapluies ! »

To be sent no later than April 31

- Duration min 1'30 max 1'45
- Accessory : Umbrella or similar.
- Music : free choice
- Tempo: sustained
- Criteria:
 - o Recurring: #Musicality #Choreographic Ensemble
 - o Specific: #Be creative but watch out for the glitch!!!
Using the umbrella

ATTENTION: no creation should go against the barrier gestures.

MAY

Il faut s'y remettre n°1 = Chorégraphie « Tonique »

To be sent no later than May 31

- Duration min 1'30 max 1'45
- Music : free choice
- Tempo: sustained
- Criteria:
 - o Recurring: #Musicality #Choreographic Ensemble
 - o Specific: #Dynamic #Cardio #Dexterity

ATTENTION: no creation should go against the barrier gestures.

June

Il faut s'y remettre n°2 = Chorégraphie « Corporelle »

To be sent no later than June 30

- Duration min 1'30 max 1'45
- Music : free choice
- Tempo: Calm/serene
- Criteria:
 - o Use your flexibility
 - o Use your various stretches
 - o Use the various attitudes and/or fm
 - o Show us your gestural and body control

ATTENTION: no creation should go against the barrier gestures.

JUILLET

The show must go on = Chorégraphie « Let's Go ! »

To be sent no later than July 30

- Duration min 1'30 max 1'45
- Music : free choice
- Tempo: your choice
- Criteria:
 - o Head movements
 - o Arm movements
 - o Body movements
 - o Use of top/bottom/left/front/back

ATTENTION: no creation should go against the barrier gestures.