



ISU WORLD SYNCHRONIZED SKATING  
**CHAMPIONSHIPS**<sup>®</sup>

**MARCH 31**  
**-APRIL 1, 20**  
**23**

**LAKE PLACID, USA**

## WELCOME

On behalf of U.S. Figure Skating, we look forward to welcoming you to Lake Placid, NY, USA for the ISU World Synchronized Skating Championships® 2023. Lake Placid holds an important place in the history of figure skating and winter sports as the host of the 1932 and 1980 Winter Olympic Games. This will be the fifth time U.S. Figure Skating has hosted the ISU World Synchronized Skating Championships® and the first time in Lake Placid. Previous events have taken place in Colorado Springs (2010 & 2017), Boston (2013), and the inaugural event in Minneapolis (2000). For additional information on the village of Lake Placid (activities outside of the arena, dining options, etc.), visit the website here: [www.lakeplacid.com](http://www.lakeplacid.com).



## ARENAS

The ISU World Synchronized Skating Championships® 2023 will take place at the 1980 [Herb Brooks Arena](#) with the ice surface of 30m x 60m. Official practices will also take place at the adjacent 1932 Rink, which is also 30m x 60m.

## COVID-19 POLICIES

Please refer to the [ISU Guidelines](#) currently published. A final COVID-19 policy, if needed, will be provided closer to the Championships.

As of August 31, 2022 proof of being [fully vaccinated](#) with the primary series of an [accepted COVID-19 vaccine](#) is required before you board your flight to the United States. Please see the current [CDC guidelines for International Travel To/From the United States](#) for all requirements.

## TRANSPORTATION

Teams will be met at the Albany International Airport (ALB). Transportation will be provided from the airport to the official hotels for Teams, ISU Event Officials, ISU Office Holders, and Judges. The accredited members of the Official Team Delegation (e.g. Coaches, Team Managers and Medical Personnel) will only have transportation provided if they travel with the team.

**Primary Arrival Day: Tuesday, March 28<sup>th</sup> & Wednesday, March 29<sup>th</sup>**

**Primary Departure Day: Sunday, April 2<sup>nd</sup> & Monday, April 3<sup>rd</sup>**

The Organizing Committee (OC) requests that teams schedule their arrivals and departures for the primary travel days listed above. Please note that team delegations, with only the exception of judges, arriving prior to March 28<sup>th</sup> or leaving after April 3<sup>rd</sup> will be responsible for all transportation charges.

The OC reserves the right to set all airport shuttle times to most effectively make use of the available vehicles. Wait time for shuttles may be up to one hour.

## OFFICIAL HOTELS

All member Federations must reserve their accommodations through the organizing committee via ORS. Additional information with regard to the booking procedures can be found within the competition announcement. The organizing committee requests Federations do not contact hotels directly. Questions can be directed to the OC at [worldsynchro2023@usfigureskating.org](mailto:worldsynchro2023@usfigureskating.org).

Further, teams that book hotels outside of the Championships' Official Hotels will be charged for transportation services. If requested by teams, the OC can arrange shuttle pick-up from airport to their hotel at a cost to be determined based on persons and time of pickup. Further, teams staying outside the official hotel block will be charged a premium rate (rate to be determined) for unofficial practice ice sessions.

## CROWNE PLAZA LAKE PLACID

101 Olympic Drive. Lake Placid, NY 12946

Phone: +1 523 2556

Website: [www.lakeplacidcp.com](http://www.lakeplacidcp.com)

Distance from Arena: 400m/.25 miles

Room block: Teams

### **Crowne Plaza Hotel Rate (Double and Single Rooms):**

- Monday - Saturday: \$202.27 USD/per night (tax included)\*
  - o Notes:
    - Four-night minimum stay to guarantee rate
    - Breakfast is NOT included in the rate

The Crowne Plaza will serve as the official hotel for Teams. The hotel is adjacent to the Olympic Center and is within walking distance of the Main Arena, Practice Rink and Lake Placid's Main Street that is home to many shops and restaurants.

## HIGH PEAKS RESORT

2384 Saranac Avenue. Lake Placid, NY 12946

Phone: +1 518 523 4411

Website: [www.highpeaksresort.com](http://www.highpeaksresort.com)

Distance from Arena: 1km/.6 miles

Room block: Teams Only

### High Peak Resort Rate (Double and Single Rooms):

- Monday - Thursday: \$179.37 USD/per night (tax included)\*
- Friday - Saturday: \$215.64 USD/ per night (tax included)\*
  - o Notes:
    - Four-night minimum stay to guarantee rate
    - Breakfast is NOT included in the rate

The High Peaks will serve as an additional hotel for teams. High Peaks is located on Lake Placid's Main Street.

## GRAND ADIRONDACK HOTEL

2520 Main Street, Lake Placid, NY 12946

Phone: +1 518 523 1818

Website: <https://www.grandadironack.com>

Distance from Arena: 0.5 km/0.3 miles

Room block: ISU Event Officials and Teams

### Grand Adirondack Hotel Rate (Double and Single Rooms):

- Monday – Saturday: \$213.57 USD/per night (tax included)\*
  - o Notes:
    - Four-night minimum stay that includes the nights of March 31st and April 1st to guarantee rate
    - Breakfast is NOT included in the rate

The Grand Adirondack Hotel will serve as the official hotel for all judges and ISU Event Officials and as an additional hotel for teams. The hotel is also within walking distance of Lake Placid's Main Street that is home to many shops and restaurants.

**\*All hotel rates listed above are subject to change if included taxes change.**

The OC has adopted the following deadlines as it relates to the booking of hotels for the Championships:

|   |              |
|---|--------------|
| Accommodation Request (via ORS)   | 01.10.2022   |
| Initial invoices sent to Federations  | 15.10.2022   |
| Deadline for 70% deposit for hotel reservations from Federations            | 01.11.2022   |
| Refund of 100% hotel deposit for cancellations <b>up to</b>                 | 20.12.2022   |
| Refund of 50% hotel deposit for cancellations from <b>December 21</b> until | 09.03.2023   |
| No refund for cancellations <b>from</b>                                     | 10.03.2023   |
| Federation to pay balance of hotel payment <b>latest at</b>                 | Registration |

## Cancelation

Notwithstanding the above deadlines, if rooms or room nights are cancelled after March 10, 2023, even if it is for rooms/room nights that the OC is required to pay for, any cancellation fees or penalties the OC must pay to the hotel(s) will be invoiced to and the responsibly of the member federation.

## EVENT SHUTTLE

As all official hotels for teams and ISU Event Officials and Judges are within walking distance from the arena, no shuttle will be provided during the event (subject to change).

## MEALS

The OC has arranged for team meal options at the Olympic Center. Lunch, dinner, and late dinner (Friday, March 31<sup>st</sup> only) will be served at the Olympic Center.

Per the ISU regulations, meal hours are as follows:

Breakfast: 06:00 – 10:00

Lunch: 11:30 – 15:00

Dinner: 18:00 – 22:00

Late Dinner (Friday ONLY): 22:00 – 00:30

Team meal pricing and menu information will be shared with Federations and team contacts once finalized.

## ACCREDITATION

Accreditation will take place at the Olympic Center. The accreditation office can be accessed through the Visit Lake Placid entrance of the Olympic Center. It is requested that only one team representative checks in the team. All photos should be submitted to ORS so that all credentials may be pre-printed and prepared for pick up by the team representative. Tentative hours for accreditation will be shared with Federations and team contacts prior to arrival in Lake Placid.



## TICKETS

Federation ticket sales will be available online in October/November 2022.

Federations will receive an email from the OC outlining the process no later than October 1, 2022. Please note, only one order may be placed per Federation.

Public ticket sales will begin after federation sales at a later date. To receive additional information about public ticket sales, join our mailing list here:

<https://fs12.formsite.com/USFSAIT/WorldSynchro23EmailList/index.html>

## CLOSING PARTY

The OC will tentatively be holding a closing banquet on Saturday, April 1<sup>st</sup> after the conclusion of the competition. More information will be shared once available.

## MEDICAL

The OC has arranged full medical services and will be available at both arenas during all scheduled sessions.

## EMBASSIES, CONSULATES & VISA REQUIREMENTS

Additional information can be found here: [www.usa.gov/visas-and-visitors](http://www.usa.gov/visas-and-visitors).

Please note, Montreal-Pierre Elliott Trudeau International Airport (YUL) is in Canada and when making travel plans, consider if an additional visa will be required to enter Canada prior to crossing the border into the United States.

## ORGANIZING COMMITTEE CONTACTS

If there are any questions that have not been answered in this guide, please feel free to email the OC at [worldsynchro2023@usfigureskating.org](mailto:worldsynchro2023@usfigureskating.org).

## PRELIMINARY SCHEDULE

| DATE                         | TIME    | EVENT                                  |
|------------------------------|---------|--|
| Wednesday,<br>March 29, 2023 | All day | Arrivals and Accreditation             |
|                              | 19:30   | Skaters Meeting                        |
|                              | 20:00   | Coaches Meeting                        |
| Thursday,<br>March 30, 2023  | All day | Official Practice                      |
|                              | 08:00   | Technical Panel Meeting                |
|                              | 10:00   | Team Leaders Meeting                   |
|                              | 11:30   | Medical Meeting                        |
|                              | 14:45   | Referee & Technical Controller Meeting |
|                              | 15:30   | Initial Judges Meeting                 |
|                              | 18:30   | Opening & Draw Ceremony (TBC)          |
|                              | 20:15   | ISU and Judges Dinner (TBC)            |
| Friday,<br>March 31, 2023    |         | Official Practice                      |
|                              | 17:30   | Opening Ceremony on Ice                |
|                              | 18:00   | Competition - Short Program            |
| Saturday,<br>April 1, 2023   |         | Official Practice                      |
|                              | 15:30   | Competition – Free Skating             |
|                              |         | Victory Ceremony                       |
|                              | 20:15   | Technical Panel Review Meeting         |
|                              | 21:00   | Closing Party (Skaters) (TBC)          |
|                              | 21:00   | Farewell Dinner (Officials) (TBC)      |
| Sunday,<br>April 2, 2023     | 08:00   | Judges Round Table Discussion          |
|                              | All day | Departures                             |

## ADDITIONAL INFORMATION FOR TRAVELERS:

### LAKE PLACID – VISITOR INFORMATION:

- Dining: [www.lakeplacid.com/do/dining](http://www.lakeplacid.com/do/dining)
- Activities: [www.lakeplacid.com/do](http://www.lakeplacid.com/do)
- Shopping: [www.lakeplacid.com/do/shop](http://www.lakeplacid.com/do/shop)

**LANGUAGE:** The official language is English.

**WEATHER:** The weather in Lake Placid in April can be unpredictable. The average high temperature in April is 52 ° F (11 ° C) with a low of 28 ° F (-2 ° C), but the possibility of snow does exist. Travelers to Lake Placid should be prepared for both possibilities.

**TIME DIFFERENCE:** Lake Placid is in Eastern Time zone, which is – 4 Greenwich Mean Time.

**ELECTRICITY:** The voltage in the United States is 120 V, 60 Hz

**CURRENCY:** Official currency unit is the dollar (USD) which is made up of 100 cents. Paper bills are 1, 5, 10, 20, 50, and 100 dollars. Coins are 1, 5, 10, and 25 cents. Foreign currency can be exchanged for local money in the airport, banks, official exchange offices and post offices.

**BANKING HOURS:** Many bank branches and exchange offices are normally open from 09:00 to 14:00 (Monday through Friday) and 08:00 to 12:00 (Saturdays). Most banks have cash machines (ATMs), which operate 24 hours a day.

**TIPPING:** Tipping is standard practice across America. In city restaurants, tipping 15% of the bill is expected; less is accepted in an informal dinner, while top-end restaurants expect 20%. Bartenders expect \$1 per drink. Taxi drivers expect 10% to 15%. Skycaps at airports and porters at hotels expect \$1 a bag or so. It is polite to leave a few dollars for the hotel maid, especially if you spend several nights.

**LIQUOR LAWS:** The minimum legal drinking age in America is 21 years old.

